Free Online Course: "Learning How to Learn"

Link: http://openlearn.open.ac.uk/mod/oucontent/view.php?id=399327&direct=1

Description: The Open University offers thousands of free distance learning courses, and this one, "Learning How to Learn," is of particular usefulness for those embarking on a course of distance learning. The skills apply to all learning situations, but the overarching goal of this course is to teach independent learning skills, which are critical to distance learners. Sections of the course include useful information about using, processing, and understanding course materials, as well as strategies for reflecting learning and benefiting from revising one's work. Clicking "Printable Version" near the bottom left-hand side of the page opens a complete written course outline. Clicking the links through the course, beginning with "Learning outcomes," takes learners through the course one section at a time, offering strategies, real-life scenarios, and activities to further enhance the course content. Note: this course is reading intensive.

Reference: Coats, M. (n.d.). Learning how to learn. The Open University. Retrieved from http://openlearn.open.ac.uk/mod/oucontent/view.php?id=399327&direct=1